

Mayor has plenty drive

MACK MAKHATHINI and CELO BUTHELEZI

PUPILS at Bhekaphambili Primary, in Lamontville, got into the swing of things last week when Mayor Obed Mlaba launched his Mayoral Golf Day, which will be held at Mount Edgecombe today.

The initiative, Mlaba said, was aimed at giving disadvantaged youngsters an opportunity to play a sport which is generally the preserve of the rich.

Taking part will be councillors, government and City officials, businessmen and representatives of sponsor, the Development Bank of Southern Africa (DBSA).

Bank spokesman Reidwaan Wookay said the bank was celebrating 25 years in business and had enjoyed a long and fruitful partnership with eThekweni.

Sponsoring the day was a way for the DBSA to get involved in social investment "in the form of youth development programmes and skills transfer," he said.

Mlaba is the patron of the Mayoral Golf Development Trust.

Since the trust's inception in 2007 it has helped a number of township children, aged 10 to 14, learn about golf.

Mlaba said, "Golf has always been seen as a sport for the



GIVING IT STICK: Bhekaphambili Primary Principal Thandazile Gumede, Mayor Obed Mlaba, the DBSA's Reidwaan Wookay and pupils Wanda Zulu and Nothando Shabane

Picture: MACK MAKHATHINI

rich. Now, working with DBSA we are offering youngsters opportunities that were previously out of their reach.

"We want to open the game

to everyone, and we hope to enable more township youngsters to enjoy the sport," Mlaba said

He applauded the DBSA for

supporting the trust and for its commitment to youth development through sport.

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Triumph at indigenous games

THEMBA KHUMALO

ETHEKWINI won the fifth Indigenous Games (IG) festival, hosted by the KwaZulu-Natal Department of Sport and Recreation at Port Shepstone High School recently.

Team eThekweni's competed against teams from 10 KwaZulu-Natal district municipalities in nine IG codes: Khokho, Dibeke, Arigogo, Induku, Jukskei, Ingqathu, Amagenda, Umlalabala and Incuva.

EThekweni won gold in Ingqathu, Incuva, Khokho and Arigogo and silver in Umlalabala, which confirmed them as the overall winners of the tournament.

Coach Musa Maphisa said, "We were well prepared and deserved to win because we were the better side on the day."

Sport and Recreation Development Department Sports Officer Zola Ndlovu said, "Our pride was at stake because we slipped last year

and became the runners-up. That was not where we wanted to be again this year. We wanted to reclaim our rightful position as we had won it three times already.

Management

"Credit should go to the management and the technical team who ensured only the best players were selected in the wards to represent the City in the tournament," said Ndlovu, who was also the

team's General Manager.

Some 30 eThekweni players were selected to represent the province in the national IG games next month.

The Sport and Recreation Development Department's Vusi Mazibuko said this proved eThekweni's pedigree as a sporting City.

"The selection of these players means we are on the right track in growing the sport of IGs in the City," he said.

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Dental check-ups for Cato Manor

NONDU NGCONGO

CATO Manor residents benefited from a recent two-day health awareness drive organised by the City and a non-governmental organisation.

The initiative by the Health Unit and NGO Olive Leaf Foundation brought health services, including HIV/Aids counselling and testing, and a dental clinic to the Cato Manor Community Hall.

Home Affairs was on hand to help with applications for IDs, birth certificates and grants.

Young people were given a talk on drug and alcohol awareness.

More than 400 people received dental check-ups,

and those with serious problems were referred to the Wentworth Hospital.

Megan Cockerill, Senior Orphan and Vulnerable Children Co-ordinator at Olive Leaf, said more than 100 people applied for IDs and other documents.

Vukani Luthuli, of City Health, said, "We are trying our best to offer services to disadvantaged communities."

Mayville Secondary School teacher Senzelo Mkhize thanked the Municipality for donating a grass-cutting machine, camera and hair clippers to the school.

Mkhize said nearly half of his pupils were orphans and it pained him to witness their daily struggles.

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YOUR HEALTH

Female condoms explained

JEANNE LIEBETRAU

WE'VE all heard of, or possibly used a French Letter, rubberz, prophylactic, willie warmer, raincoat, love glove, love sock, hazmat suit, or condom as it is generally known. But what about the female condom?

What is it all about?

The female condom is a lubricated sheath worn inside the vagina during intercourse to prevent pregnancy and the transmission of sexually transmitted diseases including HIV.

There are two rings at either end of the sheath. The inner ring fits snugly inside the vagina to hold the condom in place while the outer ring

remains outside the vagina during intercourse.

Who uses female condoms?

Women who take responsibility for preventing sexually transmitted infections; Females who don't want to fall pregnant and don't want to use a hormonal method of contraception; and Those who are allergic to latex and therefore cannot use a condom.

Why use a female condom?

The female condom acts as a barrier to sperm preventing pregnancies and sexually transmitted infections; Used correctly it is 95% effective and 79% effective if

used correctly most of the time; and The female condom is not tight or restrictive.

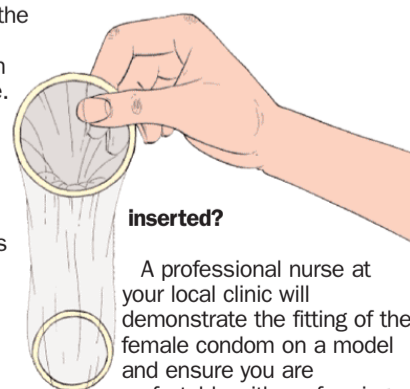
When is the female condom inserted?

The female condom can be inserted in the vagina up to eight hours before intercourse therefore it will not disrupt sexual spontaneity.

Where can you get female condoms?

Your local clinic will advise you of the nearest clinic supplying them. No prescription is required

How is the female condom



inserted?

A professional nurse at your local clinic will demonstrate the fitting of the female condom on a model and ensure you are comfortable with performing the procedure yourself.

* Jeanne Liebetrau is the Nursing Service Manager at the Prince Cyril Zulu Communicable Diseases Centre

Aids Helpline

0800 012 322

Ambulance (public)

10177

Ambulance (private)

082 911

Air Pollution

031 311 3555

O/H 8am - 4pm, Mon - Fri

A/H contact

Emergency Services

031 361 0000

Beaches and Recreation Facilities

031 335 3700

O/H 7.30am - 6pm

Development Planning

031 311 7883

O/H 7am - 4.30pm

Mon - Fri

Sub division

Rezoning

Special consent

Development Management

031 311 7881

Building inspectorate

Plans submissions

Enforcement

Advertising and Signage

031 311 7055

Environment

031 311 7875

Engineering Services

Centre

080 131 3013

O/H 24hrs, 7 days a week

Road repairs

Stormwater

Blockages/repairs

Replacement of

manhole covers

Repairs of guardrails and

roadside fencing

Sidewalk and kerb repairs

Sewer repairs/blockages

Road marking and

street signs

Water reconnections/

Accounts

Faulty traffic signal

Infrastructure

Water faults

Water pollution

Water account queries

SMS: 083 707 3013

Fax: 031 311 8220

Mxit: 083 707 3013

Email: [eservices@dmws](mailto:eservices@dmws.durban.gov.za)

[.durban.gov.za](mailto:eservices@dmws.durban.gov.za)

Revenue Call Centre

031 328 1200

O/H 7.30am to 4.30pm,

Mon to Fri

and 7.30 - 11.30 on Sat

Rates

Electricity

Water Accounts

Emergency Services

031 361 0000

O/H 24Hrs, 7 Days a week:

- Fire
- Disaster Management
- Metro Police

Electricity Call Centre

080 131 3111

O/H 24Hrs, 7 days a week

Faults and breakdowns

Fax: 031 328 1050

Street lights

Illegal connections

Cable theft

031 311 9611

Health

031 311 3555

O/H 7am - 4.30pm Mon to Fri

A/H contact Emergency

Services

Air pollution

Environmental noise

Illegal dumping

Food safety

Communicable diseases

Hazardous chemical

Substances

Vector Control (mosquitoes,

flies, rats, etc)

Illegal dumping

031 311 8804

O/H 7:30am - 4pm,

Mon to Fri

Refuse Removal

031 311 8824

O/H 7.30am - 4pm,

Mon to Fri

Removal of dead animals

031 311 8809

Parks, Leisure and Cemeteries

031 201 1303

O/H 7.30am - 4pm,

Mon to Fri

Verge and grass maintenance

Fallen and trimming of trees

after hours

080 131 3013

Ombudsperson and Head Investigations

080 020 2020

Reporting fraud, corruption

and maladministration in the

Municipality:

Ombudsperson@durban.gov.za

Fax 031 311 4002

Regional Centres (Sizakala)

080 033 1011

O/H 7.30am - 4pm, Mon to

Fri, 8am to 11am Sat

080 033 1011

One Stop Shops access/

payments for council services

031 311 6101

Switchboard

031 311 1111

O/H 7.30am - 5pm, Mon - Fri